

Enterovirus D68

September 9, 2014



Enterovirus D68 (EV - D68)

What is EV-D68?

Enterovirus D68 (EV-D68) is a virus that is rarely seen in the United States but has been increasing in some states this year. It is mostly seen in the summer and fall months.

What are the symptoms of EV-D68?

EV-D68 has been reported to cause mild symptoms such as a common cold to more severe symptoms such as wheezing and difficulty breathing.

How is EV-D68 transmitted?

The virus likely spreads from person to person when an infected person coughs, sneezes, or touches contaminated surfaces.

Who can get infected with EV-D68?

Anyone can get infected. Infants, children, and teenagers are more likely to get infected and become sick.

How is EV-D68 treated?

There is no specific treatment for EV-D68 infections.

- Many infections will be mild, requiring only treatment of the symptoms.
- Some people with severe symptoms caused by EV-D68 may need to be hospitalized.

How can EV-D68 be prevented?

There are no vaccines for preventing EV-D68 infections. You can help protect yourself illnesses by these steps:

- Wash hands often with soap and water for 20 seconds, especially after changing diapers
- Avoid touching eyes, nose and mouth with unwashed hands
- Avoid kissing, hugging, and sharing cups or eating utensils with people who are sick
- Disinfect frequently touched surfaces, such as toys and doorknobs, especially if someone is sick
- **Hand sanitizer is not effective against this virus**

If you have any concerns, please contact your healthcare provider

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